

1. *Willing to yield to another's preference or view point* Se So Of
2. *Will admit to making a mistake, willing to be wrong* Se So Of
3. *Sees life in a realistic & positive light, optimistic* Se So Of
4. *Is calm & easy to be with* Se So Of
5. *Has compassion and empathy for others* Se So Of
6. *Approaches others kindly & lovingly* Se So Of
7. *Is Inviting, rather than demanding* Se So Of
8. *Is dependable, will follow through with commitments* Se So Of
9. *Has a desire to learn new ideas and improve self* Se So Of
10. *Is humble, rather than cocky and self-centered* Se So Of
11. *Is accepting of the choices and preferences of others* Se So Of
12. *Is accepting of the unique personality traits of others* Se So Of
13. *Is trusting* Se So Of
14. *Is open-minded, willing to look at creative possibilities* Se So Of
15. *In difficult situations, can calmly take constructive action* Se So Of
16. *Makes commitments and keeps them – good for your word* Se So Of
17. *Willing to forgive and forget* Se So Of
18. *Has presence of mind, focused, a clear thinker* Se So Of
19. *Does not take offense* Se So Of
20. *Approach to others is comfortable, gives space* Se So Of
21. *Even tempered* Se So Of
22. *Has healthy approach to life: eating right and exercising* Se So Of
23. *Has a good attitude about things you can do nothing about* Se So Of
24. *Gets things done in a timely fashion* Se So Of
25. *Is a good listener* Se So Of
26. *Lets other people speak their mind* Se So Of
27. *Is patient when others do dumb things* Se So Of
28. *Neat and Orderly* Se So Of
29. *Plans ahead, organizes and schedules* Se So Of
30. *Clear minded, makes good decisions* Se So Of
31. *Speaks graciously, is well mannered and polite* Se So Of
32. *Honest & available, you don't mind others seeing what you do* Se So Of
33. *Is a peacemaker* Se So Of
34. *Seeks social contact, enjoys the company of other people* Se So Of

Answer each questions circling one of these three options: Se = Seldom So = Sometimes Of = Often

- 35. *Needs to win an argument, needs to be right* Se So Of
- 36. *Gives self-justifying explanations as to why you're right* Se So Of
- 37. *Is pessimistic & skeptical — sees life in a negative light* Se So Of
- 38. *Is easily bothered or irritated* Se So Of
- 39. *Is self-centered, focuses upon what "I Want"* Se So Of
- 40. *Tends to blame others for problems* Se So Of
- 41. *Is pushy and demanding* Se So Of
- 42. *Misses appointments* Se So Of
- 43. *Lacks motivation to change, learn, and grow* Se So Of
- 44. *Proud and self-centered* Se So Of
- 45. *Tries to control and manipulate the choices of others* Se So Of
- 46. *Has a poor relationship with In-laws* Se So Of
- 47. *Has a poor relationship with parents, brothers, or sisters* Se So Of
- 48. *Closed to possibilities, stuck in your way of thinking & doing* Se So Of
- 49. *Gets angry quickly* Se So Of
- 50. *Fails to pay bills* Se So Of
- 51. *Harbors resentments* Se So Of
- 52. *Dwells upon the past* Se So Of
- 53. *Is defensive* Se So Of
- 54. *Is threatening* Se So Of
- 55. *Drastic mood swings: feels up & elated, then down & depressed* Se So Of
- 56. *Addicted to alcohol, drugs, tobacco, pornography, or sex (initial)* Se So Of
- 57. *Tendency to worry about things you can do nothing about* Se So Of
- 58. *Procrastinates* Se So Of
- 59. *Interrupts when others are talking* Se So Of
- 60. *Dominates a conversation* Se So Of
- 61. *Criticizes others* Se So Of
- 62. *Disorganized and messy* Se So Of
- 63. *Forgets to do things* Se So Of
- 64. *Mind is muddled, thinking is confused and unclear* Se So Of
- 65. *Uses vulgar or profane language (cussing/swearing)* Se So Of
- 66. *Secretive or evasive* Se So Of
- 67. *Seeks for revenge, desires to "get even"* Se So Of
- 68. *Avoids social contact* Se So Of

Answer each questions circling one of these three options: Se = Seldom So = Sometimes Of = Often